



**ROTARY CLUB OF
MUMBAI JUHU**

BREEZY NEWS

R.I. President: Rtn. Gordon McNally • DG 3141: Rtn. Arun Bhargava • President: Rtn. Arun Wadhwa • Editor: Rtn. Rakesh Kumar.
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RCMJ Enters Silver Jubilee Year



***Breezy News* wishes its readers a very happy,
healthy and meaningful New Year!**

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MESSAGE FROM THE INCREDIBLE PRESIDENT



Dear Incredible RCMJ Family,

This issue is special as it heralds two important occasions. The first issue of the New year, sees us all enter the new year of 2024 with high hopes and aspirations. After the heady 2023, the new year promises to build on the positive momentum and we can look forward to another year of good happenings.

The other more important and special occasion is our club RCMJ entering its 25 th year of serving the community. RCMJ has a very rich heritage of bonding and service which needs to be cherished and protected. Its culture of family relations amongst members and the thrill of working together on projects is unmatched in the district. Members discussing various projects, allocating resources and creating teams to execute

the projects is one of the key reasons for the good health of the Club. RCMJ is on the cusp of greatness as very few clubs survive for over 25 years and our club has successfully achieved that.

It takes a lot of hard work to keep the interests and the aims of all the members aligned and focused over so many years. The charter members of the club deserve enormous credit for their hard work and their efforts to keep the members together – enjoying and working together as a family, for 25 years. It is a proud moment for RCMJ that 3 of our charter members - Dr Shubhangi Dhage, Rtn. Rakesh Kumar and Rtn. Amarjeet Sabhrewal are still with the club. We all are quite appreciative of their hard work for the welfare of the Club over the years and respect them from the bottom of our hearts.

This journey has to be celebrated and to do that more impactful projects will be planned for celebrating this milestone. We started of the 25 th year celebration by initiating 2 very unique and high impact projects - Annapurna ration donation project and a very large job fair. These help us in addressing the needs of the community in a more effective manner. Both the projects are explained in detail in the inner pages so wont take too much space here.

As with every organization, it is important to get in new members and keep the Club growing. The new members,

members who have joined in the last 5 years, are constantly kept engaged and continue to contribute in keeping the legacy of RCMJ alive and well. It is important to note and acknowledge that the new members of RCMJ are steeped in the values of community service and add the much needed skills and hard work for completing such large projects. The new members bring to the table new ideas, new energies and enthusiasm to RCMJ Club.

We have to aspire and strive to make RCMJ bigger and stronger - in terms of members, community service projects and global grant projects. We should also constantly evolve to meet the new upcoming challenges of the modern world like mental health issues. I am sure that RCMJ with its right blend of experience and enthusiasm will be able to sustain its growth trajectory.

Let us all work together and make sure that the club achieves much more in the forthcoming 25 years and RCMJ continues to shine brightly in Dist. 3141 of the rotary universe. RCMJ is entering its 25th Silver Jubilee year with its head held high.

Mehek and Dhiti join me in sharing our best wishes to all our family members for a stupendous and memorable 2024. May this year bring good tidings to all of us.

Arun Wadhwa

Incredible President 2023-24,
RC Mumbai Juhu

CHARTER NITE RINGS IN SILVER JUBILEE YEAR

The last meeting of RCMJ in the last month of the calendar year always holds an allure. It combines the Annual Meeting of the Club – which is a business-like affair; the jubilant Charter Nite – celebration of the anniversary of receiving the Club’s charter from Rotary International in 1999; and joviality befitting the Christmas season drawing near.

This year, however, it bore an even greater significance. It heralded the onset of the Club’s Silver Jubilee, marking the 24th anniversary since its charter. The Club has meticulously

arranged an array of impactful projects slated for execution throughout the upcoming year. Some of these, which have already taken place, are highlighted in the News Capsule section of this issue.

The business transacted in the annual meeting consisted of approval of minutes of annual meeting 2022-23, President’s report, approval of accounts of Club and Trust for 2022-23, announcement of Nominating Committee’s nominations and election of officers and 5 directors for 2024-25, and Secretarial announcements.





In a heartwarming tribute, the Club felicitated three esteemed charter members who were present – PP Dr Shubhangi Dhage, PP Amarjit Sabherwal and PP Rakesh Kumar. A captivating game,

'Secret Santa,' enraptured all, engaging participants for over an hour. Each attendee received a personally curated gift from their Secret Santa, prompting the recipient to guess the giver's identity from

clues inscribed within a card complemented by additional hints shared by President Arun. Add to this the goodies and wearables given by Rtn. Natasha to every participant, and it was a riot!

CHARTER MEMBERS - 1999

Aashish Patwari
 Dr. Amar N. Joshi
 Amarjit Singh Sabherwal
 Ashit Mehta
 Ashok Bhandari
 Badruddin A. Patel
 Bharat H. Engineer
 Chandrakant Paducone
 Dr. Damodar G. Gariba
 Deepak Shah
 Deepak Vyas
 Devyani Mehta
 Dhiraj B. Mehta
 Dilip R. Goel
 Dilip B. Trivedi

Dipak J. Vakil
 Geeta D. Trivedi
 Gunjan J. Yajnik
 Haren Desai
 Harsh V. Sonthalia
 Heera C. Gujrani
 Hetal Praveen Mehta
 Jeevan K. Shah
 Dr. Jignesh Mehta
 Joyoti Samy
 Dr. Kirk C. Patel
 Krishnaji P. Aiyer
 Leena Vakil
 Dr. Mahesh Kuwelkar
 Mahesh Parikh

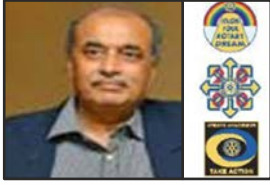
Mayur M. Vakil
 Miksha Parikh
 Mishrimal N. Jain
 Mohit B. Mehta
 Mukesh G. Trivedi
 Nitin Koppiker
 Orpita Mukerji
 Ramasamy P. Samy
 Praveen Mehta
 Radhika Aiyer
 Rajesh Surana
 Rakesh Kumar
 Ralph G. Menon
 Ravi Nair
 Renuka Shah

Roohi R. Menon
 Sandeep H. Mehta
 Seema C. Paducone
 Shabbir Abbas Patel
 Shrikant K. Shah
 Dr. Shubhangi Dhage
 Sreedevi Ramachandran
 Sudhir Lolayekar
 Sumanta Choudhury
 Suresh P. Advani
 T. Ramchandran
 Usha D. Mehta
 Vijaya Gariba
 Vishwas Desai

ALL THE PRESIDENTS OF RCMJ

Here is a complete list of all the Presidents who have steered RCMJ during its momentous journey so far.

1. Ralph G. Menon
(Charter President)



1999-2001

2. Suresh P. Advani



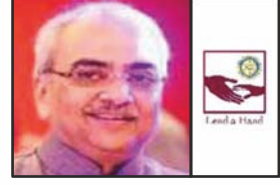
2001-2002

3. Dr. Shubhangi Dhage



2002-2003

4. Mukesh Trivedi



2003-2004

5. Amarjit Singh Sabherwal



2004-2005

6. Deepshikha Srivastava



2005-2006

7. Deepshikha Srivastava



2006-2007

8. John Joseph



2007-2008

9. Shobha Advani



2008-2009

10. Damanjit Kaur Sabherwal



2009-2010

11. Patricia John



2010-2011

12. Piyush Shah



2011-2012

13. Rakesh Kumar



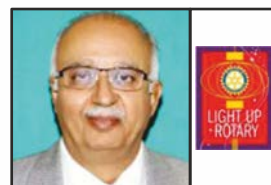
2012-2013

14. Suneel Menon



2013-2014

15. Suresh Advani



2014-2015

16. Ravee Satpal Bhinder



2015-2016

17. Dr. Indu Salian



2016-2017

18. Sumana Menon



2017-2018

19. Varsha Baradiya



2018-2019

20. Narinder Madan



2019-2020

21. Kala Sridhar



2020-2021

22. Ashish Patankar



2021-2022

23. Sridhar Ramasubramanian



2022-2023

24. Arun Wadhwa



2023-2024

LET'S GET TO KNOW ONE ANOTHER

Subhashish Mazumdar

A 'Pathik' (Wanderer) from Lucknow... into the Big World of Bombay!



SUBHASHISH MAZUMDAR

The hollow silence of the ICU hospital bed, that September of 2017, the tragic agony and 'pain' at heart...then where to wander more...from here...was it all over...! I ruminated for those 25 days!

No, it was a new life for another day and newer times...the love of family, friends, Rotary family and my strongest life strength, Shubhra and the Hinduja Group took me out to another new lease of life... literally! But that's history, and life goes on. A cute, quiet, serene and peaceful city in North India, on the banks of river Gomti – a Ganges tributary; Lucknow, where I started my life in the lap of a government bungalow and a large family of five brothers and one sister – for a few years it was even a joint family of 12! As a child and adolescent, my life moved with the best of education in prestigious convent schools...and "ye Lucknow ki sarzamin..." song continues to

make me feel proud always! But family challenges very early in my life made me very resilient and tough within! A tough adolescence on the emotional front! But became a state rank holder in Class X Boards!

Started my career as a Probationary Officer (P.O.) of Allahabad Bank, at an age a few months less than 21! A branch manager within 3 months, life and management lessons learnt unknowingly there. Branch was in a Gurudwara, Lakhimpur Kheri, U.P. Within 3 days of branch managership...the PM of India of that time was assassinated. India was on the boil. Lessons of humanity, empathy, sympathy, working under turbulent times, leading the growth of a branch and receiving a reward...all learnings too rapid...Life suddenly started moving very fast. And then I asked myself: Is it the place I want to be in? The vagueness of government machinery, the underlying facets of financial corruption. Do I have to witness all these...at such an early age? Those days in this city, the favorite career was IAS or P.O. I had become a P.O. already! So, what happens to life next...How do I get out of this and go and explore the larger world! Pondered and understood Common Admission Test

(CAT) for full time MBA for IIMs, one of the toughest exams during those times and possibly even now!

Did pass a couple of MBA admissions in India, but IIMs CAT eluded! Can a PO/branch manager leave his job for a medium level MBA? My parents always asked!

Come 1987 and I had a victory over CAT and got selected for Indian Institute of Management



Ahmedabad (IIMA), the top of the MBA programs that time and still! For the full time MBA residential program of two years! Over to Ahmedabad. Life turned. A Temple where the entire Education, Character, Personality and Potential are integrated for two years and you come up as a reinvigorated human being. I was lucky and thankful to the Almighty. Landed the first corporate job from campus placement at Tata Group – Rallis/Tata Chemicals HO, Bombay and a Mumbaiker since then! Continued to move on in career – French/German



Multinationals Rhone Poulenc/Hoechst (now Bayer), Tata Finance (now Tata Capital). An Indian FMCG, Hinduja Group, a large University and now an Indian Multinational. My CXO roles started from year 2000 onwards with these various groups as CMO, VP, SVP, Director, COO, CEO, etc. The main sector in my career for the last 23 years has been media distribution, digital media, broadcast media, OTT, international content, film content and more. Continue in same sector. Feel satisfied to have a career of 35 years plus; and throughout in management cadres; ups and downs in the corporate world notwithstanding! Apart from the domestic regular business, have handled international business collaborations, government/regulatory collaborations and CSR.

Some proud moments of my career: member of task force in the Ministry of I&B for digitalization of TV and content industry, Lead in the Indian pavilion in Cannes Film Festival in France, bringing TV channels like Russia Today, Arirang (S. Korea), Bloomberg

to India, leader in launching of satellite and fiber-based services for three million homes, launching the new cockroach gel product of France (now that's mainly used), turnaround of the Region in East India and North India.

I have been also honored by the prestigious NMIMS University of Mumbai to be their Visiting Faculty for mentoring their full time MBA students, since 2021. I consider this as a philanthropic work and giving back to Society. I mentor over 400 students every year in some key courses of Strategic Management and Business Models.

Shubhra, my source of life and strength, an M.Phil. in Chemistry was already a lecturer when I married her, but we had to move to Mumbai. And the day when she moved to 'Bombay' first time was March 13, 1993, the day when the Bombay blasts changed the nature and culture of Bombay, which I had seen in my initial years! She continues to be a

Senior Academician in a Prestigious ISC School in Khar.

My two sons, both B. Tech. in Computer Science and elder also MBA in Sports Management, Spain, now getting their initial career life lessons in 'Dream Eleven' Group and 'Oracle' respectively.

I love travelling (Shubhra too!) and it came along with the work as well. Have travelled and worked almost in every State of India and had been posted in Hyderabad, Pune, Chandigarh, Kolkata, Delhi, Mumbai. Travelled in many European and Asian countries for both work and pleasure – Netherlands, Germany, France, Russia, Belgium, Italy, Monaco, Switzerland, South Korea, Maldives, Singapore, Thailand, Hong Kong, Macau, Malaysia, Sri Lanka, Indonesia and more.

I continue to look forward for the remaining life of simplicity, happiness, seeing the world more, friendships, bonding and whatever I can give back to the Society in whichever form!



LET'S GET TO KNOW ONE ANOTHER

Hemang Jangla

A Common Man Who Serves Humanity in an Extraordinary Way



H, the founder of Havmore Insurance Brokers Private Limited, have achieved great success through my rigorous struggle.

I have ambitious targets and a strong vision for my company as well as for the common man. I want to establish my company's operations across the country so that people of all states can benefit from my services. I have received numerous awards and trophies for my benevolent work from various societies and organizations.

I had a long and varied journey in my career. My father, Dineshbhai, worked in a bank and I was born in Mumbai's C.P. Tank area. I have great respect and love for my mother, Niranjana, who provides love and support in tough times.

I studied at Lilavati Lalji Dayal High School, was brilliant in studies yet mischievous. During the school vacation, I worked as a delivery boy in a

bookstore in Princess Street. After achieving distinction in S.S.C. examination, I gained admission to K. C. Commerce College. My experience in the scouts, which involved various activities and earning by performing tasks at others' homes, helped me develop a sense of joy and leadership qualities.

In college, I continued my journey towards self-

“ I have initiated various programs like providing career guidance and mentoring for final year students of all streams by visiting colleges and giving lectures on how to make the transition from campus to corporates. I have also initiated various programs in the Alumni chapter. I was associated with the popular ‘Synchrony for Bachas’ organised for first- and second-year students of IIMA ”

dependence. I worked as a junior executive in a company that manufactured corrugated boxes, gaining experience in export-related tasks, documentation, and communication with relevant officers. I

also worked in the firecracker industry. I learned the importance of customer relationships during my four years in the firecracker industry.

I also became one of the youngest sub-brokers in the Bombay Stock Market. My company was instrumental in managing IPOs of many companies.

As the business landscape changed, I saw opportunities in the insurance brokerage sector. I single-handedly established Havmore Insurance Brokers in 2005, and aim to make it the most successful company. I am also a co-author of the book *'Bima Sabhi Ke Liye'* (Insurance for Everyone).

I launched BNI Chapter 'Exponential' which is the number 1 chapter in Mumbai with over 150 members. Due to my intense interest in studying, I pursued various degrees and diplomas alongside my business ventures. I completed two years in Institute of Cost and Works Accountants of India (ICWA) and Law, followed by Diplomas in International Marketing, Merchant Banking and Corporate Finance. I also obtained Diplomas in Human Resource, Finance, and Marketing from NMIMS and an MBA in Marketing from K.C. College of Management Studies. Additionally, I pursued studies in Vallabh Vedanta and Vaishnavism, as well as



Management Development Programs from IIM Ahmedabad.

I joined Rotary in 2006 and became a member of Rotary Club of Bombay Sea Coast and held various offices. In 2011, I became the Secretary of the club. The year after that I was a director in the club and a District Chair in District 3141. I was appointed as the President of Rotary Club of Mumbai Seacoast in 2014-15 under DG Ajay Gupta, and won the Platinum Award for my club. Thereafter I have been holding various positions in the District, and have held various camps benefitting a large number of people.

I am the son of Mr. Dinesh Tulsidas Jangla and Mrs. Niranjana; brother of Janak and Jay; and am married to Vibha. Have a son named Valmik and daughter Priyanka.

Throughout my life, I have received full support from my wife, Vibha. Son Valmik is working as an ERP developer in a Seattle, US-based company, while daughter Priyanka has started her consulting as a Clinical Psychologist.

I have worked in various capacities in Rotary as Director – Community, Vocational, Youth, and Non-Medical District Chair (NGSE/ RYE). I am also Co-Avenue Chair, Kala Sahitya.

I am a Committee Member and Office Bearer in IIM Ahmedabad Alumni Association – Mumbai Chapter. I have initiated various programs like providing career guidance and mentoring for final year students of all streams by visiting colleges and giving lectures on how to make the transition from campus to

corporates. I have also initiated various programs in the Alumni chapter. I was associated with the popular 'Synchrony for Bachas' organised for first- and second-year students of IIMA.

I am a committee member of the Kala Gurjari Sahitya Academy (KGSA). The academy promotes arts like singing, drama, *garba*, *debate*, monologue, *natya*, poems, handicrafts, *sugam sangeet*, Gurjar *gaan* and various other activities.

I have organised initiatives for joint program with Maharashtra and Rajya Gujarat Sahitya Academy, a state-run institute to facilitate and promote Gujarati culture in Maharashtra. Today around 12-15 programs are conducted in collaboration with them every year.

I co-founded the first Rotary Means Business (RMB) chapter in Mumbai – RMB Numero Uno, which has more than 50 members today.

I am an ardent devotee of Shreenathji. I am a Hindustani classical singer trained by Smt. Laishram Memaji, known as the 'Nightingale of the North East'. I have been a part of many *haveli* sangeet shows performed by a group constituted by Kirtan Kallol. I have made financial contributions to the temple at Juhu, and have donated a handsome amount for building a temple at Rameshwaram, Tamil Nadu and also at Rameshwaram Temple. I have participated in 'Seva Samiti', which is looking after the various social and spiritual activities at temple premises.

LET'S GET TO KNOW ONE ANOTHER

Damanjit Kaur

Educationist Par Excellence



Born in Delhi, brought up in Bhopal, came to Mumbai after marriage in December 1986. Belong to a family of professionals, proud grand-daughter of a freedom fighter, studied at Bhopal and did my graduation in science and post-graduation in economics from Bhopal University, standing 2nd in the University. From the beginning, I was keen to work but my parents wanted me to complete my education before doing so. Without my parents' knowledge, I went ahead and appeared for an interview for a teacher and landed the job in a CBSE School. Before taking it up, my parents took a promise from me that I will not compromise my studies. While studying for post-graduation, I could attend the classes only once a week but still I could stand 2nd in the University with sheer hard work and zeal to succeed. I kept my promise made to my parents. After marriage, I shifted gears and started my life as a home-

maker raising both the boys, taking care of their education. Started my journey as a Rotarian in 2000. Climbing up the ladder as Director for various avenues and Club Secretary, I was elected as the President of our club for 2009-10. Our club attained the status of EREY for the first time and was adjudged as one of the top 5 clubs in the District. We also carried out solar street lighting of our adopted village Anjap through a District Grant. Hallmark event of the year was Udaan with an attendance of around 1300, with a few children sitting on the steps of Bhaidas Hall and registrations had to be closed.

At the end of the Rotary Presidential year, I got an opportunity to restart my career as a leave-vacancy teacher in AVM School Juhu. At the completion of the 3-month period, I was invited to be absorbed as a full-time Primary teacher at AVM, Bandra East in 2011. After serving there for two years, I was elevated as Primary Head in the school. Thereafter, in 2017, I was promoted as Principal and transferred to AVM Juhu which I am continuing to serve till date. Throughout my career, I have enjoyed working at all levels, be it



teacher before marriage, or post-marriage as Primary Head or Principal. Only regret I have is that my parents were not there for me to share my joy with them when I was elevated as Principal. At this stage of my life, I am very much satisfied with a very loving and supportive Amarjit, both my sons are well settled and good human beings, not to forget my daughter-in-law who is a gold medalist from NIFT and very much loved in the family.



EAT YOUR WAY TO HEALTH

By Nidhi Jain



NIDHI JAIN

(This is the sixth in a series of articles by the author, who is a Nutritionist)

Food Quiz :

1. What is the most commonly consumed fruit in the world?

2. Which is the main ingredient in hummus?
3. Which is the most expensive spice in the world by weight?
4. Which is the cheapest vegetable per kilogram?
5. Which two spices are the most popular in the world?
6. Where were French Fries invented?
7. Which is the herb in Pesto Sauce?
8. Which is the only food that can never go bad?
9. Which is the only food with seeds on the outside?
10. If you have Mageirocophobia, what are you afraid of?

Answers :

1. *Banana.*
2. *Chick peas.*
3. *Saffron.*
4. *Potato.*
5. *Two top selling spices are pepper and mustard. If you guessed salt, you are wrong! Salt is technically not a spice, but a mineral.*
6. *No, not in France...It's Belgium!*
7. *Basil.*
8. *Honey; in fact, the oldest jar of honey found is believed to be 5500 years old.*
9. *Strawberries; each average size berry has about 200 seeds outside.*
10. *It is fear of COOKING!!!*

BUILDING THE TALLEST CARDBOARD CHRISTMAS TREE IN THE WORLD

By Natasha Dcosta



NATASHA DCOSTA

Year 2023's Christmas tree installation started for want of a record, to put Bhandup on the map by the Rotary Club of Mumbai Bhandup. After a fair amount of research, I was delighted to find that the tallest cardboard

Christmas tree, 20 ft high, was made in London at a Museum. We took a brave decision to make our tree 33 ft high outdoors. This means the tree should be able to brave wind, heat, cold and dew, and hopefully there would be no rain. Thanks to climate change, Mumbai witnessed a couple of showers early December. We immediately changed our idea from cardboard strips to cardboard rolls covered with vinyl strips that would add sparkle to our tree, protect it from dew and to some extent light rain. Cardboard rolls are very strong, so post this event we plan on repurposing the

cardboard rolls into furniture items like benches, lights and tables making this installation sustainable. 20% of the installation is made from mild steel and 80% from cardboard – 400 rolls (700 kg) have got us into Worldwide Book of Records, Asia Book of Records and India Book of Records. The best part is, you can take home a part of this record-breaking tree. Choose between lights, bench or a table!



HEMANG TAKES ROTARACTORS TO NEW PARLIAMENT HOUSE

By Hemang Jangla

Visiting the new Parliament House along with delegation of 20 enthusiastic Rotaractors was an awe-inspiring experience. As we walked through the grand corridors on December 8 and admired the majestic architecture, I couldn't help but feel a sense of pride and reverence. The sheer magnitude of the building, with its intricate designs and imposing presence, left me in awe of history.



I felt a deep sense of admiration for the vision and craftsmanship that went into creating such a symbol of national identity. The blend of traditional and modern architectural elements seemed to reflect the rich tapestry of India's past and its aspirations for the future. It was a powerful reminder of the country's democratic ideals and the enduring legacy of its leaders.

The ambience inside the Parliament House was charged with the energy of democracy in action. The hustle and bustle of lawmakers, staff, and visitors gave me a sense of the importance of the institution and its role in shaping the nation's destiny. The very walls seemed to reverberate with the echoes of debates, discussions, and decisions that have shaped India's history.

I couldn't help but feel a deep sense of respect for the democratic process and the institution of governance. It was a poignant reminder of the values of freedom, equality,

and justice that form the bedrock of the Indian constitution.

The visit also evoked a profound sense of curiosity and introspection. Moreover, the intricate details of the architecture and the ornate decor left me in wonderment at the level of artistry and craftsmanship that went into creating such an iconic structure. The blend of traditional Indian motifs with modern design elements was a testament to the



country's rich cultural heritage and its embrace of progress.

Beyond the physical grandeur, the visit to the new Parliament House also stirred a sense of optimism and hope for the future. As I gazed upon the seat of India's democracy, I felt a renewed sense of faith in the power of collective action and the potential for positive change. It was a poignant reminder that the democratic process is a living, breathing entity that relies on the active participation of its citizens to thrive and evolve.

The experience left an indelible mark on me, reaffirming my belief in the enduring strength of democracy and the incredible potential for progress when people come together with a shared vision for a better future. It was a humbling and inspiring experience that will stay with me for a lifetime. We all feel the same feeling and it continues. It was one of the memorable days in our life.

YOGEETA FLOATS COMPANY TO UNLOCK HUMAN POTENTIAL

By Yogeeta and Deepika Khanna

We have founded a company named 'Wings to Fly', which aims to unlock every individual's highest potential. The company helps by addressing mental health concerns, career planning and psychometric tests, providing therapies, parent-child grooming sessions, and much more. I thank you all for your blessings and support.

<https://www.wingstofly-in.com/>

https://instagram.com/wingstofly_in?igshid=OGQ5ZDc2ODk2ZA%3D%3D&utm_source=qr

BREAKING NEWS

Rtn. Yogeeta has been awarded the best master trainer to CBSE at the National Adolescent Summit in Delhi held on December 19-20. The award was presented by Dr Joseph Emmanuel, Director Academics, CBSE.

Breezy News congratulates Yogeeta on this commendable achievement.

SHASHANK DONS ACADEMIC REGALIA



Shashank, son of PPs Kala and Sridhar, has graduated from the University of Liverpool with MSc in Sports Business and Management. *Breezy News* congratulates Shashank and his proud parents.

INCREDIBLE ASHLESHA



Ashlesha, daughter of PP Ashish and Mugdha, won laurels at the Jamnabai Narsee School (JNS) sports event on December 22. She won gold in 100 meters, shot putt and 4 x 100 meters relay. She also won silver in 600 meters. She was declared the best athlete of JNS in under-14 girls' category. *Breezy News* congratulates Ashlesha and her proud parents.

KALA GOES TO RYPEN

On December 16, PP Kala attended the RYPEN event at Wada. She was there at the request of the Club president to help in co-

ordination of the mega event.

Kala had a good experience. She met the Climate Man of Odisha, and was truly impressed with the work that

he is doing.

The stats of the event are impressive: 25 schools, 31 speakers, and 7000 students.



PREETI DHAGE DAZZLES AT ODISSI MANCH PRAVESH

Preeti, daughter-in-law of Rtn. Dr Shubhangi Dhage, performed her Odissi Manch Pravesh on December 24 at Bal Gandharva Rang Mandir, Bandra to an appreciative audience. It was a dazzling performance as she kept the audience enthralled for over two hours. Preeti displayed a perfect blend of *mudra*, *bhava*, *rasa*, *taala*, *nritta*, *abhinaya* and *natya* as well as *sthai* and *sanchari bhavas*. There were 16 members of the RCMJ family to soak in the sheer magic of Preeti's dance

performance.

Preeti's dance journey began at the age of 6. Before learning Odissi, she had undergone training in Bharata Natyam. She switched over to Odissi under the tutelage of Guru Smt. Aleena Acharya. Preeti won the second prize in the International Odissi Dance Competition organized by Soor Mandir, Cuttack. She has performed as a soloist at various prestigious events in the UK. She represented Orissa state at India Day in Milton Keynes. For her, dance is

her soul's spiritual journey of ultimately surrendering to the Divine, leaving behind all pride and ego.

Preeti has a master's in Investment Banking and started her career at Wall Street, Manhattan before moving to the UK. She has worked with top banks like Lehman Brothers and Investec. She also participates in marathons, races and swimming events.

Preeti and Dr Seemit Dhage are the proud parents of an adorable son.



KALA ON LEADERSHIP

On December 2, PP Kala made a presentation on Leadership at the Core Team Learning Session for 2025-26.



RCMJ AT RED ROTARACT EVENT



RCMJ was associated as a co-sponsor to RED (The Symphony of Eras), which was held on December 2 and 3 at Sheth D M High School, Borivali. Rtn. Hemang helped

to drive the program. Incoming District Rotaract Representative (DRR) Niketa Sunil announced her core team in the presence of Vibrant DG Chetan.

HEALTH CHECK-UP CAMP AT DEWAN CENTER

By Hemang Jangla

The health of the residents or employees in a building depends upon the quick response actions of its staff. Keeping this in mind, RCMJ organized a health check-up camp for the staff and the office users in Dewan Center, Jogeshwari.

The health check was comprehensive, covering diabetes, hypertension, BMD and eyes. More than 150 people took advantage of this opportunity. It was conducted by a team from Nanavati Max Hospital.

In addition to the health check-up, a CPR awareness lecture was also organized. It was ensured that at least one person per office and all the staff of the business center participated in the exercise. Post the demo the staff was asked to demonstrate their understanding of CPR on a dummy. This would ensure that they are the first responders and life savers at Dewan center.

Dr Patnaik from the Emergency Department of Nanavati led the CPR awareness session. About 100 people attended the session.



...AND AT ROYAL CLASSIC SOCIETY

RCMJ organised another health check-up camp for the staff and residents of Royal Classic Society, Andheri West on December 3. It was comprehensive, covering diabetes, hypertension, BMD and eyes. In fact, we had also set up an ECG room for people who wanted their ECG to be done. More than 105 people took advantage of this opportunity. The camp was conducted by a team from Nanavati Max Hospital. Our member Rtn. Meera Ramchandran made the camp possible at the Society and Hemang helped connect with the Nanavati team. This also opened up discussions on members joining Rotary and we had good



discussions with new prospects.

Rtn. Meera adds:

At the health check-up camp at Royal Classic on December 3, 110 residents and staff got themselves tested. For some it was worthwhile because they

got a clean chit and felt relieved of their anxieties. For some it was a second opinion. And for some it was a wake-up call, which hopefully will lead to timely action. A worthy and highly appreciated project.

SPECTACLES DISTRIBUTION

Post the eye check-up camp, spectacles were distributed on December 5 to the people who

had got new frames and spectacles made. The camp was held at both the places – Royal

Classic Society and Dewan Center. Almost 50 people were benefited with better eyesight.



MAUKA HAI CAREER GUIDANCE SEMINAR

PP Indu participated in the *Mauka Hai* Career Guidance Session conducted at the

Shivaji Shikshan Sanstha Secondary English Medium School on December 5 by Rtn.

Virren Jethwa, which was a well-received interactive session for the students.



Another session was held on December 18 under the auspices of RCMJ on December 18 at MVM

Educational Campus. It was conducted by PP Indu. It was a Career Opportunities Motivational Session.

President Arun Wadhwa and Vocational Director Narinder Madan graced the occasion.



GRAND WELCOME TO 2ND BATCH OF FUTURE NURSES

Rtn Amarjit, who heads the training of nurses from J&K under Project National Integration (PNI), welcomed the second batch of incoming nurses on December 8 along with other District dignitaries. It is a great humbling experience to

be a part of this magnificent project of such magnitude, says Amarjit. Funds for the worthy projects are never a hindrance. The entire cost of Rs 25 lakhs for this batch is undertaken by one single Rotarian of RC of Bombay Powai.



PRESIDENT ARUN TALKS ABOUT MENTAL AWARENESS

On December 12, President Arun delivered a talk on Mental Awareness and

Adhar and the issues faced by the parents of Intellectually Disabled

Children, at Rotary Service Center, Chembur.



BLOOD DONATION CAMP

RCMJ co-hosted a blood donation camp held on December 20 at Andheri Station West, with RC

Mumbai Khar as the lead host club. PP Ashish Patankar represented RCMJ. A total of 206 bottles of blood was

collected. A unique feature of this camp was the involvement of over 70 NSS volunteers.



DOG LICENSE CAMP

Vasant Galaxy hosted a Dog License Camp in collaboration with Rotary Club of Mumbai Juhu, Stray Happy Animal Foundation and BMC on December 9.

This event provided a convenient way to legalize one's pet with the support of the Stray Happy Animal Foundation and BMC.



RCMJ STARTS 25TH YEAR WITH A BANG

Annapurna is an ambitious RCMJ project to distribute foodgrains and rations to families below the poverty line. Food distribution has always been considered the foremost way of helping the needy. If the basic challenge of food is solved for the poor, they can then focus on health and

education. The project is quite unique in terms of scope and identification of the beneficiaries. The ration kits, about 32 kgs each, were adequate to support the requirements of a family of 4 for a month. The commitment of ration kits to the families is for a minimum of 4 months.

Many thanks to our Community Director - Hemang Jangla for leading this project, Natasha for helping in identification of beneficiaries. The distribution was as unique as the project. We tried to cover every section of the community – elderly, kids and BPL families.

Distribution at Dewan Center

35 BPL (below poverty line) families from Jogeshwari - Andheri area were identified and were given the ration kits at Dewan Center. The staff of

the donor company were also present and were greatly enthused by this unique project. The life stories of the people were sad but also

inspiring because inspite of the hardships, they never gave up. Thank you Sridhar and Kala for attending the distribution at Dewan Center.



Distribution at Kids Shelter Home, Naigaon

We then visited a shelter home for abandoned kids or single parent family kids who need safe and secure and free day care. The shelter provides food to the children and also basic education. This ensures

that the kids stay safe and learn while they are there. This shelter is located at Naigaon and run by the IHWCT foundation. There are about 180 kids at the shelter. We donated over 300 kgs of

ration which will be used by them to make healthy meals for the kids. This ensures that their food bill is almost zero and the balance amount can be used for providing other facilities for the children.





Distribution at Kalpol Wadi, Bhayander

We also visited a Kalpol Wadi at Bhayander. There we could lend support to about 30 elderly people who

are very poor and have no one to take care of them. They depend on the Kapol Wadi for subsistence and desperately

need help. We donated our ration kits to these elderly people to help alleviate their need for food.



Thus, in a single day on the 23rd of December - the first day of our Silver Jubilee Year - we could help children, poor adults and the elderly through

a single unique activity. Overall, 65 families benefited along with 180 children for a month. Total $65 \times 4 + 180 = 440$ benefi-

ciaries x 30 days. Truly a magnificent project with a large positive impact on society. More Power to RCMJ!

MEGA JOB FAIR

RCMJ was happy to be associated with a mega job fair organized on December 24 and 25. In today's day and age, helping people get jobs is the single most important and effective way to make families financially independent and self-sufficient. This shows up in better health for the family and better education for the children.

It is seen everywhere that though the skills level of candidates are increasing, there are still many who are yet unemployed. The job givers are becoming picky due to the large pool of candidates. At the same time there are companies who are unable to find the right candidate. To bridge this gap, a project like a job fair is essential.

We collaborated with the Atal Seva Mission of the BJP to organise one of the largest job fairs in the western suburbs.

More than 55 companies shared their require-

ments with interested candidates over 2 days. More than 1500 candidates turned up to look for jobs. Many got jobs while some were selected for the second round and some enrolled into skill upgradation programs which gave them an assured job after 2 months of training.

Overall, more than 125 people got jobs and many got excellent advice on how to make their resumes more robust. "The highlight of the project for me was the fact that I could help 2 deaf and dumb candidates and 1 physically handicapped candidate get a job. Most satisfying project." – Rtn. Arun Wadhwa

Thank you, Hemang ji, for driving this project. Thank you RCMJ members Amarjit, Damanjit, Piyush, Subhashish, Shubra, Mehek and Dhiti for visiting the event and encouraging us.



Contest
24-01

**ANSWER
AND BE
Recognized**

ANSWER THE FOLLOWING QUESTIONS:

1. In which year was RCMJ chartered?
2. What is the name of the insurance company founded by Rtn. Hemang?
3. Which is the most expensive spice in the world by weight?
4. What records does Rtn. Natasha's 33 feet high Christmas tree hold?
5. Which classical dance form did Preeti Dhage perform for her manch pravesh?

Rules:

- (1) All readers of *Breezy News* can enter the Contest, except the Editor and his spouse.
- (2) Answers must be sent by DM or email to the Editor by January 10.
- (3) Editor's decision will be final.
- (4) The correct answers will be published in the next issue of *Breezy News*.
- (5) Those sending all-correct answers will be recognised in the first Club meeting after the answers are published.

RESULTS OF THE NOVEMBER CONTEST

Correct Answers

- (1) K. Raheja Realty
- (2) Nagpur
- (3) Coffee

The winner of Contest 12-01



Amarjit Sabherwal

Breezy News congratulates Amarjit, the winner!

THE LAST WORD



RAKESH KUMAR

RCMJ entered its Silver Jubilee year on December 23, a day after its 24th Charter Day. The milestone was celebrated with enthusiasm at

a gala event on the evening of 22nd, which was very well attended. Such celebrations are quite in place as they commemorate a momentous event that irreversibly changed the lives of thousands of stakeholders associated with the Club. But such milestones also serve as an occasion for retrospection and introspection, and offer a compass to the future course of action. Such reflection will, I am sure, happen during the coming months.

Two pressing imperatives come to mind. The first is membership growth. We need more heads, hands, legs, competencies and diversity in our Club to deliver more impactful projects. We need cross-pollination to infuse fresh ideas, better processes, and smarter ways of working.

In short, we need more members.

Secondly, we need to develop our leadership pipeline to cater to the needs of the next few years. This can only be done by identifying future leaders and giving them positions of responsibility, enabling them to undergo an immersive 'on-the-job' training that unveils to them the intricacies of steering the Club, supplemented by mentoring interventions. Assembling a 'good' team for the current year's needs falls short of a broader vision. We need to have a medium-term perspective, transcending the needs of the current year. Let us earnestly contemplate these imperatives and take proactive steps to translate them into action.

Rakesh Kumar
Editor

REQUEST SUPPORT FOR OUR PROGRAMS:

V. N. DESAI HOSPITAL



- This hospital has one of the best equipped and talented child physicians among all govt. hospitals in the area from Dharavi to Andheri.
- We support the requirements of the pediatrician ward in the hospital.

SAKSHI



- Sakshi works in the area of POCSO & DEI
- It educates college children regarding sexual abuse and what they can do to prevent it.
- It makes them into “Rakshins” – protectors of children from sexual abuse

ADHAR



- Adhar is among the largest in Asia which takes lifelong 24x7 care of more than 355 specially abled adults.
- State of the art care facility in Badlapur and Nasik with vocational activities.

UMANG



- Unique trek for the Physically challenged
- More than 100+ participants.
- The trek has won awards in various competitions

CLT



- Training programs for healthcare workers to manage Complex Lymphedema Treatment.
- This is an intensive 9 day course which will enable the caregivers to improve the quality of life of cancer patients.

MENTAL HEALTH ANGELS



- Equipping mental health workers with the latest methodologies in managing mental health challenges
- Practical training in institutes like Adhar and in organisations which cater to people with mental health problems.

REQUEST SUPPORT FOR OUR PROGRAMS:

SANSKAR



- Interact Training Assembly which is planned to be held this year on
- Date : 4th of August 2023
- Time : 9 AM onwards till Lunch
- Venue : Rajhans Auditorium, Andheri West

UDAAN



- Udaan is the Interact District Conference is planned to be held this year.
- Date : 29th of September 2023
- Time : 10 am onwards.
- Venue : Rangsharda, Bandra.

STRAY HAPPY



- Stray Happy strives to take care of the abandoned animals in the streets of Mumbai.
- It cleans them, provides, temporary care facilities, provided vaccination and neutering facilities, and also puts them up for adoptions.

ENVIRONMENT & E-WASTE RECYCLING



- Tree plantation
- Green waste to mulch
- Waste management for large events (200+ people)
- Environment Clubs at school / college.

NATIONAL INTEGRATION



- Association with the army for development of Machal and its population.
- Sponsoring children for school, soft skills training, helping in medical projects, helping in need-based requirements, etc.

TANYA COMPUTER CENTRE FOR BLIND



- Tanya Computer Centre (TCC) provides computer literacy to the visually challenged across India.
- Today TCC has 14 centres across India.



ROTARY CLUB OF
MUMBAI JUHU

incredible
2023-24

RCMJ Incredible Team

*Wishes Everyone an
Incredible Year ahead*



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